

WEEK: 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	A selection of cereals, porridge, toast, with butter, jam, marmalade, marmite, orange juice, milk and yoghurts	A selection of cereals, porridge, toast, with butter, jam, marmalade, marmite, orange juice, milk and yoghurts Bacon rolls	A selection of cereals, porridge, toast, croissants with butter, jam, marmalade, marmite, orange juice, milk and yoghurts	A selection of cereals, porridge, toast, pain au chocolate with butter, jam, marmalade, marmite, orange juice, milk and yoghurts	Oven cooked breakfast of sausages, bacon, eggs, hash browns, baked beans, toast, orange juice and milk
Soup	Vegetable	Roasted red pepper	Lentil	Spicy Parsnip Soup	Tomato Soup
Main	Macaroni cheese	Honey & mustard chicken	Chicken fajita	Chilli	Fish
Vegetarian	Roasted veg pasta bake	Vegetarian sausage & bean stew	Vegetarian fajita	Vegetable chilli	Potato & cauliflower curry Aloo gobi
Carbohydrates	Pasta	Potatoes	Wedges	Baked potatoes	Chips
Vegetables	Grated carrot	Broccoli	Sweetcorn	Salad	Peas
Dessert	Pears, chocolate sauce & ice cream	Chocolate fudge cake & cream	Meringues & Forest Fruits	Chocolate sponge & Custard	Peach cobbler & cream
Snack	Savoury / sweet snack with milk or water	Savoury / sweet snack with milk or water	Savoury / sweet snack with milk or water	Savoury / sweet snack with milk or water	Savoury / sweet snack with milk or water
Supper	Spanish chicken	French bread pizza	Carbonara	Chicken & Ham Pie	
Carbohydrates	Rice		Pasta	Potatoes	
Vegetables	Sweetcorn	Salad	Salad	Mixed veg	

On occasion, menus may have to be altered at short notice, while ensuring a balanced diet is maintained.

August 2020

Salad available every day from the Salad Bar

See below for packed lunch menu

Packed Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Rolls Salad Sticks Fruit Yoghurt	Sausage Rolls Salad Sticks Fruit Yoghurt	Filled Rolls Salad Sticks Fruit Yoghurt	Filled Rolls Salad Sticks Fruit Yoghurt	Chicken Baguette Salad Sticks Fruit Yoghurt